



About Us

Our team in the Department of Medical Social Work provides psychosocial support to patients and next-of-kins who are experiencing significant stressors resulting from medical conditions and traumatic events.

From hospital admissions to post-discharge follow-ups, we aim to provide holistic continuum of care to patients and families that addresses their social, emotional, and practical needs, promoting better health outcomes and quality of life.



Services that We Provide

Financial Support

Financial Assistance

Assist patients with difficulties affording treatment, medical bills, purchasing of consumables, equipments and other forms of practical support. This may also include referring them to external agencies for non-healthcare related financial assistance.



Treatment-related Assistance

Psychosocial Support

Engage patients and family members on topics such as treatment compliance and addictions to provide timely support and alleviate stress and anxiety.

Support Groups

Educate patients and families on illness trajectory and management for informed decision making to improve quality of life.

Psychoeducation of Illness and Management

Provide therapeutic interventions in group settings, in joint collaboration with community partners within and outside of the hospital.



Counselling / Therapy

Interpersonal Concerns

Provide counselling support to families in distress and crisis, to improve relationships and address concerns such as caregiver stress.

End of Life

Journey with individuals diagnosed with terminal illnesses and their loved ones by facilitating meaningful conversations related to death and dying.

Grief, Loss and Bereavement

Provide support to individuals and families experiencing grief and loss, and help them explore meaning-making and coping strategies to build resilience.



Discharge Care Planning

Care Planning

Discharge care planning for patients who face challenges coping in the community by exploring care and community services, eligible subsidies and assistance to ensure continuity of care and improved quality of life.



Crisis Intervention

Family Violence/ Interpersonal Violence

Provide emotional support, assess risks, establish safety plans, and refer to specialised centres to limit and prevent domestic violence.

Abuse or Neglect

Assess risks, establish safety plans, and render emotional support and advocacy to ensure that the needs of the vulnerable are not compromised.



Mental Health Crises

Support individuals facing crises, such as exposure to trauma and self-harm, through counselling and strengthening of social support.

Preventive Social Work



Training and Education

Educating patients, families, community, partners and staff on topics such as behavioural health management, systemic issues affecting health habits, skills-building and community resources.

Clinic Operating Hours

Monday to Friday, 8am to 5pm (Closed on Weekends & Public Holiday)



Get in Touch

- +65 6361 6004
- msw@wh.com.sg
- WH Tower B, #B1-04 (opposite foodcourt)



Scan QR code to download e-brochure





www.wh.com.sg





