

A Guide for Patients and Families

Adult Post Vaccination Advice



What may happen after you have taken your vaccination?



Vaccines, like any other medications, can have side effects. Severe reactions like swelling of lips and eyes, seizures, breathlessness, loss of consciousness are rare but may occur after receiving a vaccine. Therefore, to ensure that you get immediate treatment if needed, **it is important for you to remain at the vaccination waiting area for 15 to 30 minutes** after your vaccination.

What are the side effects?



These are some common vaccine reactions and measures you can take over the next few days:

Local reactions

(soreness, redness, swelling or pain at the injection site)



Place a cool cloth over the sore area for comfort. A lump may persist for some weeks but no further treatment is required



Paracetamol can be taken to ease the discomfort

Fever



Drink extra fluids
(unless contra-indicated)



Dress in light clothing



Paracetamol can be
taken to bring down
your fever

Fainting



Inform nurse if you
experience giddiness
or light-headedness
before or after
vaccination



You may need to lie
down until symptom
subsides

Others

Consult a doctor when:



Medication does not reduce fever or persistent fever for more than 24 hours.



The redness or swelling at the injection site is getting worse.



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