

A Guide for Patients and Families

Antenatal Care at NHG Polyclinics



What to expect during an Antenatal check up?



The Routine Antenatal check up in the Polyclinic includes:



Pregnancy related consultation



Routine antenatal urine test

Frequency of Antenatal Check-ups
2 - 4 weekly

* Please note that the frequency of visits to the polyclinic may vary depending on the condition of your pregnancy.

Other common Antenatal Screening tests?

Gestation	Antenatal Screening Test	Done Where?
First Antenatal Visit	Antenatal Blood Test (Hepatitis B, VDRL, FBC, HIV Screening, ABO & Rhesus)	Polyclinics
11-16 Weeks	First Trimester Screening	Restructured Hospitals
1st Trimester	Dating Scan	Restructured Hospitals
18-22 Weeks	Fetal Abnormality Scan	
24-28 Weeks	Oral Glucose Tolerance Test	Polyclinics
28-32 Weeks	Growth Scan	Restructured Hospitals

* You will be referred to the hospital for antenatal screening test or any diagnostic tests that are not available in the polyclinic.

If you have any enquiries related to pregnancy discomforts such as morning sickness, heartburn or constipation, please feel free to refer to our nurses or doctors.



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