

## Post '5FU' / 'MMC' Eye Injection Advice


The injection of 5-Fluorouracil (5FU) or Mitomycin-C (MMC) into the eye is a treatment used to minimise scarring and inflammation, which are common complications following a glaucoma surgery.

After the injection, you will receive a bottle of saline eye drops to use at home to flush the injected eye. This is to wash out any excess injection medication, which can irritate the eye.

Instructions:

- Please flush the injected eye with saline every hour for 4 hours. Apply or gently squirt about 5-6 drops each time.
- Sit with your head tilted backwards and look up. With your finger gently pull down the lower lid of the eye to form a pocket.
- After 4 hours, please resume your usual eyedrops as instructed by your doctor.

Time to flush injected eye with saline	
1 <sup>st</sup> flush at:	_____ am / pm
2 <sup>nd</sup> flush at:	_____ am / pm
3 <sup>rd</sup> flush at:	_____ am / pm
4 <sup>th</sup> flush at:	_____ am / pm



You may experience some discomfort or notice blood-stained tears after the injection - do not be alarmed, as these symptoms are temporary and not harmful.

Please seek medical advice immediately if you experience any of the following conditions:

1. Eye pain continues or worsens in next few hours / days.
2. Progressive blurring of vision occurs, even if there is no pain.

**For any medical assistance:**

Please call 6363 3000 during office hours from Monday to Friday, 8:30am to 5:30pm.

You can also visit WH Emergency Department after office hours, including weekends and public holidays.

Location: Tower B, Level B1

Address: 17 Woodlands Dr 17, Singapore 737628



Contributed by Nursing / Ophthalmology

This brochure is produced for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek the advice of a qualified healthcare provider before starting any treatment or if you have any questions related to your health or medical condition.

Information shared is accurate as of June 2024 and subject to revision without prior notice.



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