Treatment of H. Pylori Infections in Peptic Ulcer Disease

Introduction to H. Pylori

- Helicobacter Pylori, or H. Pylori is a bacterium that may cause ulcers in the stomach.
- H. pylori is treated with a course of antibiotics. It is important to complete the course of medicines that are prescribed.
- Failure to complete your medications will result in persistent H. pylori infection in the stomach.







Your Medications

Your Antibiotics (Complete the course)

- ☐ Amoxicillin 250mg Capsule
 - Take ___ capsules, 2 times a day
 - To be taken with or after food
 - Common Side Effects: Stomach discomfort, nausea, vomiting and diarrhoea
- ☐ Clarithromycin 500mg Tablet
 - Take ____ tablets, 2 times a day
 - To be taken with or after food
 - Common Side Effects: Nausea, vomiting and diarrhoea
- Metronidazole 200mg Tablet
 - Take 2 tablets, 3 times a day
 - To be taken with or after food
 - Common Side Effects: Metallic taste, dizziness, headache, diarrhoea, constipation, nausea, vomiting and abdominal cramps
 - Note: Avoid alcohol intake while on this medication.
- ☐ Tetracycline 250mg Capsule
 - Take 2 capsules, ____ times a day
 - To be taken 1 hour before, or 2 hours after food with a full glass of water
 - Common Side Effects: Diarrhoea, nausea, vomiting and increased skin sensitivity to light
 - Note: Avoid prolonged exposure to sunlight while on this medication. Space apart antacids, dairy products, calcium and iron supplements, 2 hours apart from this medication.

Your Medications

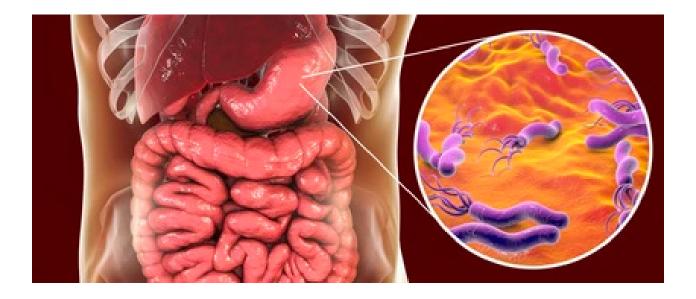
- ☐ Omeprazole 20mg Capsule
 - Take ___ capsules, 2 times a day
 - To be taken 30 minutes to 1 hour before food
 - Common side effects: Headache, upset stomach, diarrhoea and dizziness
- ☐ Esomeprazole 20mg Capsule
 - Take ___ capsules, 2 times a day
 - To be taken 30 minutes to 1 hour before food
 - Common side effects: Headache, upset stomach, diarrhoea and dizziness
- ☐ Bismuth Subcitrate 120mg Tablet
 - Take 1 tablet, 4 times a day
 - To be taken before food
 - Common side effects: Darkening of mouth, tongue, teeth, nausea, vomiting and grayish or black stools

Note: Space apart bismuth from antacids or milk 30 minutes to 1 hour after taking bismuth

- □ Vonoprazan 20mg Tablet
 - Take 1 tablet, 2 times a day
 - May be taken with or without food
 - Common side effects: Diarrhoea, constipation, nausea, bloatedness and changes in taste

Should you develop symptoms such as itchiness, rashes on the skin, swelling around the eyes, or difficulty breathing, please stop these medications and immediately seek medical attention.

Please do not hesitate to contact Pharmacy should you have any further questions about your medications.



Contributed by Pharmacy, Allied Health Services

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Information shared is accurate as of April 2024 and subject to revision without prior notice.

